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February 2011 KNIGHT LIGHT
 COUNCIL 5390, 5650 KACENA AVE, MARION, IOWA 52302
 KC HALL PHONE NUMBER: 373-9834
 Council Web Site: www.kofc5390.org

RETURN SERVICE REQUESTED

February 2011

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FOR THE FAMILY OF

BREAKFAST WORKERS PLEASE NOTE: If you have a conflict with your scheduled time, please find your own substitute and then notify Dan Callahan by email (danpcallahan@aol.com) of the change.

No K of C Pancake breakfast in February. Please support the Boy Scout breakfast on February 6th.

Note there have been some changes to the March worker list.

----- 7:00 to 10:00 -----		March 6th Breakfast	----- 10:00 TO 1:00 -----	
Powers, Steve (lead)	Blin, Mike	Conrad, Dick (lead)	Enneking, Dick	
Christensen, Jerry (lead)	Bruckner, Juergen	Albee, Dave (lead)	Esker, Mike	
Conrad, Scott (cook)	Guler, Wayne	Chizek, Don (cook)	Kremer, Kurt	
Banowetz, Norb	O'Rourke, Dave	Ballard, Kevin	Nurre, Mike	
Banowetz, Ray	Strabala, Lynn	Beadle, Rick	Soukup, Roger	
Baumler, Conrad	Strabala, Mike	Block, Larry	Tschudi, Dave	
Bentz, Bob	Thys, Ray	Blocklinger, Bob	Wendling, John	
Bills, Robert	Wieck, Gregg	Bonlander, Roger	Wheeler, Denny	
Dunkle, Sean		Eichenberger, Dale		

----- 7:00 to 10:00 -----		April 3rd Breakfast	----- 10:00 TO 1:00 -----	
Steger, Ted (lead)	Leonhart, Don	Beke, Mike (lead)	McHugh, Mark	
Satern, Tom (lead)	Lukes, Mark	Curtis, BJ (lead)	Novey, Steve	
Kullander, Scott (cook)	May, Chris	Van Gorp, Greg (cook)	Ritchie, John	
Freemon, Steve	Moore, Robert	Chmelicek, Mike	Schaffer, Bill	
Holubar, Mel	Sullivan, Dennis	Henderson, Denny	Schmidt, Ray	
Hunstad, Mike	Van Gorp, Wayne	Hurt, Glen	Sorenson, Eric	
Klump, Mike	Weaver, Jacob	Kuehnle, Mark	Thayer, Clair	
Klostermann, Don	Webster-Moore, Greg	Luster, Chuck	Waldron, Denny	
LeFevre, Mark		McDonald, Jim		

No Pancake Breakfast in May because the St. Pius X parish hall is not available.

REGULAR BUSINESS MEETING: 1ST TUESDAY OF EACH MONTH, 7:30 PM

Grand Knight:	Tony May	373-7036	afmay@rockwellcollins.com
Chaplain:	Father Rod Allers	377-4869	dbq126ap@arch.pvt.k12.ia.us
Financial Secretary:	Steve Pasker	393-4993	secretary@kofc5390.org
Bulletin Editor:	James Klein	377-4598	bulletineditor@kofc5390.org
Assistant Editor:	Marge Grawe	377-0081	jmgrawe@msn.com
MCC President:	Steve Powers	364-1012	sjpowers_3@msn.com
KC Hall Reservations:	Dick Conrad	377-8371	hall@kofc5390.org
K of C Insurance:	Dave Albee	270-9307	david.albee@kofc.org
Council Web Master	Ray Kamin	294-0899	webmaster@kofc5390.org

*** **COMING EVENTS** ***

- Jan 30 Corporate Communion at St Elizabeth Ann Seton at the 8:30 am Mass
- Jan 30 Free Throw Contest at St. Joseph school gym
- Jan 31 1st Degree in the council hall. Candidates meet at 7:30 pm, degree starts at 8:00 pm
- Feb 2 Business Meeting 7:30 pm – **Note change in date**
- Feb 6 Boy Scout Breakfast at St. Pius X – **No KC breakfast this month. Support the Scouts**
- Feb 12 Wine & Cheese Party 7:00 pm
- Feb 15 Staff meeting 7:30 pm
- Feb 18 Fish Fry
- Feb 21 MCC 7:30 pm
- Mar 1 Business meeting 7:30 pm
- Mar 5 Dance for Life
- Mar 6 Pancake Breakfast, St. Pius X
- Mar 9 Ash Wednesday
- Mar 11 Fish Fry
- Mar 15 Staff meeting 7:30 pm
- Mar 18 Fish Fry
- Mar 21 MCC 7:30 pm
- Mar 25 Fish Fry
- Mar 25 Day of the Unborn
- Apr 1 Fish Fry
- Apr 3 Pancake Breakfast, St. Pius X
- Apr 5 Business meeting 7:30 pm
- Apr 8 Fish Fry
- Apr 15 Fish Fry
- Apr 18 MCC 7:30 pm
- Apr 19 Staff meeting 7:30 pm
- Apr 22 Good Friday – no fish fry
- Apr 24 Easter

Business meeting
Wednesday, February 2nd
NOTE CHANGE OF DATE
 7:10 pm Rosary
 7:30 pm Business Meeting

1st Degree Initiation
Monday, January 31st
 7:30 pm Candidates meet
 8:00 pm 1st Degree Initiation

Deadline for the March issue of the
Knight Light is:
Friday, February 18, 2011.

VOCATIONS		EQUIPMENT FOR LOAN:
Our council is supporting 2 seminarians and you are invited to write to them and give them your encouragement in their vocations.		We have the following equipment to loan out: wheelchair, portable walker and crutches. Some of these items may already be loaned out so contact our Warden, Wayne Waters (373-0458) to check for availability. When you are finished with item please call so it can be picked up for reuse.
Mark Murphy Pontifical North American College 00120 Vatican City State Europe Email: mmurphy@pnac.org	Michael Pennington St. Pius Seminary 1235 Mt Loretta Ave Dubuque, IA 52003	

GRAND KNIGHT'S MESSAGE

I have learned much of the mechanics of being a Grand Knight since July. Now I would like to spread my wings. I hope this is acceptable to you. In this month's article and at the meeting I would like to use some material from Matthew Kelly. Some of you may have seen him last spring at Immaculate Conception Church. He tells us if we want to get good at anything, we have to have focus and good habits. All great people exemplify focus and good habits. Kelly says that the saddest plight of any Christian's existence is not to become a saint. Being a saint is becoming the best version of yourself that God wants you to be. This is not just a new version of "the prosperity gospel", but rather he lays out specific ways to make this sainthood happen through good habits and focus on this vision of sainthood! One of these is daily prayer to find out from God what the best version of yourself ought to be doing today.

Daily prayer is a struggle for me, yet it is a quintessential good habit which helps us focus. Notice how the Devil does not require formal prayer to him, but for most of us starting the day without prayer gets us strolling down the wrong path from the beginning of the day. If we start the day without prayer, our walk may start in subtle ways, to take away Glory from God. This is a great start for the Devil, but of course that is not all the Devil wants. Our walk ultimate diverges from the path we would be on. Prayer gives us direction in becoming the best version of ourselves that God wants us to be. Do not give to the Devil this toehold, which should be given to God.

I have early osteo-arthritis in my hip, tennis elbow and rotator cuff problems. I have finally given up babying my elbows and started doing pushups regularly last month. I learned during my rehab not to count reps of an exercise. My new method is to use prayer. Starting out small I began with the Glory Be for all exercises because it is a short prayer. Then I graduated to the Hail Mary, and finally the Our Father for counting the number of reps. Next I will add the Glory Be to the Our Father for even more repetitions. Another method is to say the prayer slower so more reps happen. Doing these twice a day is actually easier than once a day for me. The routine is sustainable and encouraging.

To be a good Knight and Christian Catholic, it does us well to be well prayed and exercised, to become the best version of ourselves that God wants us to be. I am going to the March for Life January 22, coming back Wednesday for the Catechism Class on Wednesday, the 26th 7 PM. Being in good physical shape and in good prayer focus helps sitting on long bus trips.

Tony May, Grand Knight, 373-7036

DISTRICT DEPUTY'S MESSAGE

Brothers, Our State Convention will be held in Coralville this spring on April 8th and 9th. The deadline for the program awards is February 15th. It would be tremendous if several of our Councils in our District took home these awards. With all the activities you have been involved in, we should easily have some good entries. The State Council Service Program Awards include Grand Knight, Family, Youth, Diocesan Chaplain, Round Table and Knight of the Year. There are also awards for the best Church, Community, Council, Family, Pro-Life and Youth activity that your Council has done this past year. All the forms can be found on the State Web Site under State Forms. Let's make this a record year for our District and tell all the Knights in the State what we have been doing. God Bless You.

Gerald Fetzer, District Deputy, District 32

WINE AND CHEESE PARTY

The Wine and Cheese Party is on Saturday, February 12th, starting at 7:00 pm. Traditionally this has been a fun evening for current membership-card holders and their wives or guest. Your 2011 dues can be paid at the door, if not paid yet. Wine, cheese, beer and pop will be furnished. Bring a snack to share. Card games and board games are available.

COUNCIL CORPORATE COMMUNION

The Corporate Communion will be at St Elizabeth Ann Seton at the 8:30 AM on Sunday, January 30th. We would like a good showing of Brother Knights and their families. We have solidarity that God will make us strong representatives of Jesus to our families and communities.

FAMILY OF THE MONTH: Dale and Helen Kueter are the January 2011 Family of the Month. The Kueters are members of St Pius X Parish. Dale helps with Fish Fries, Breakfasts and Tootsie Roll drive. Dale sings in the St Pius X choir and volunteers at the Free Medical Clinic. In the past Dale has been on the St Pius X Board of Religious Education and additionally has served on the Regis Board. Helen is a Eucharistic Minister and past President of the St Pius X Parish Council. She led the council during the time of the parish renovation. Helen currently is a Mercy Hospital Volunteer at the Radiation Department. Together they recently have "rung the bell" for the Salvation Army. They help with food distribution at St Pius on an ongoing basis. Just recently Dale and Helen have celebrated their 50th Anniversary. The Kueters have 5 daughters and 14 grandchildren.

KNIGHT OF THE MONTH: Chuck Luster of St Elizabeth Ann Seton parish is the January 2011 Knight of the Month. Chuck is a past Grand Knight and serves on the MCC. Chuck helps with Fish Fries, Breakfasts and PID Tootsie Roll drive. Chuck also helps with Fish Fry preparation Thursdays, spending his time on keeping the dishes clean so that others can perform the working. My first encounter with Chuck was asking for support for the joint St Pius X and St Elizabeth Ann Seton Mexico Mission trip from the Knights. I not only received financial support for scholarships from the Knights, but Chuck signed onto the mission trip besides. Chuck is on one of the rotating teams which oversees the hall rental. Chuck is involved in grounds keeping for the council building. Recently he organized the painting of the lower half of the hall and painting the parking markers. Chuck also organizes the St Elizabeth's Knights of the Round Table. He is the focal point for PID and Birthright events at the parish. Chuck and the group prepare the church and usher for funerals. The group also sets up chairs for parish events and parish hall rentals. The Round Table also mows and does snow removal. In November Chuck went with me to Texas on a scaled-down mission trip to repair a mobile home that had suffered hurricane damage a couple of years ago.

PANCAKE BREAKFAST

There will not be a Knights breakfast in February. Please come support the Boy Scouts for their annual fundraiser. Thanks to all who help out on the breakfasts. If you know of anyone interested in having fun on the first Sunday of most months have them contact Dan Callahan at Danpcallahan@aol.com to have their names added to the schedule.

Frank Stull

MCC REPORT SHOWS EXTENT OF K OF C CHARITY

The Marion Columbus Club (MCC), the Knights of Columbus Council 5390 organization that operates our building, recently heard a 2010 report on the amount of money dispensed for charitable purposes. By policy, all money raised by the MCC -- except that deemed necessary to maintain the building -- must be passed to Council 5390 for charitable purposes.

MCC Treasurer Leon Hartogh reported that a total of \$26,633.53 was transferred from MCC to the Council during 2010. This amounts to 38 percent of gross income.

Here is the breakdown: \$1,757 from one fish fry for Tara Nurre fund; \$500 for Hollis Emerson cancer benefit; \$23,963 to various Council charities; and \$412 for Council meals.

This is a major charitable achievement and should make all of us feel satisfied that we are upholding the first principle of our order, charity. It also is an accounting of the hard work done by so many volunteers at our fund raising events: fish fries, hall rentals (volunteers work those); football/basketball gate work at University of Iowa; and our monthly pancake breakfasts.

We need new volunteers, new people, to help fulfill our mission as a charitable organization. Please respond positively when contacted to help. Or, better yet, don't wait for a call. Contact one of the MCC or KC officers and let them know you are willing to do your part.

Right now we need someone to help purchase supplies for our fish fries. Contact Dave Van Gorp (377-6423) if this is something you can do. And rejoice that God has given us the ability to help others.

2011 LENTEN PRAYER VIGIL

The Coalition for Life of Iowa (CFLI) is organizing a Lenten Prayer Vigil at Planned Parenthood (PP) in Cedar Rapids. The purpose is a peaceful prayer presence from March 9 through April 22, 2011 at all times when PP is open. KC 5390, led by Tony May, has been praying at PP on Wednesday from noon to 1 PM. CFLI will be requesting that KC5390 expand their participation to Wednesday from 9 AM to 1 PM each week of the Vigil. This will be discussed at the February 2nd Business Meeting.

CFLI is a non-profit, 501 C3 organization located in Cedar Rapids with a mission to defend and promote the Sanctity of Human Life from Conception until Natural Death. This Lenten Prayer Vigil is similar to the 40 Days for Life National Campaign but not formally part of that campaign. The objectives of the Lenten Prayer Vigil are to ask God's forgiveness for the sins of abortion, infanticide and euthanasia and to seek God's grace to turn hearts and souls from the culture of death to a culture of life.

Please contact Tony May or Bill Brennan to volunteer to participate at PP. If you cannot be present during the KC 5390 time period, please participate at another time when PP is open or pray at Church or home. Parishes, KC Councils or other faith communities will be present at PP at all times they are open. We request that a minimum of 2 people be present in each 30 minute or 60 minute period. PP is open on Monday, Wednesday, Thursday and Friday from 9 AM to 5 PM. They are open on Tuesday from 9 AM to 7 PM and on Saturday from 10 AM to 1 PM.

LOWERING THE NETS

Knights of Columbus Council 5390 will have their next 1st Degree on Monday, January 31st at 8:00 pm. Candidates should arrive at 7:30 pm. We are looking forward to a large group, so get your candidates lined up.

Gerald Fetzer, Membership

MARRIAGE AMENDMENT FAITHFUL CITIZENSHIP INITIATIVE (MAFCI)

The Iowa Knights of Columbus have committed to MAFCI with the objective to encourage the Iowa Legislators to place on a future ballot an Amendment to the Iowa Constitution. The Catholic Church teaches that Marriage was instituted by God as a faithful and permanent union of one man and one woman for their mutual support, the generation and education of children, and the common good of society. For Catholics, Marriage has a special meaning as a Sacrament.

Mike Gaspers, former State Deputy, is leading this grass-roots initiative whose success requires all Knights and their voting family members to take an active role. Tony May and Bill Brennan of K of C Council 5390 are MAFCI team members. The Iowa K of C MAFCI team is partnering with the Iowa Catholic Conference (ICC) to share information and facilitate communication with Iowa Legislators. We anticipate that a Marriage Amendment Bill will be introduced in the Iowa House of Representatives by February 1, 2011.

Mike Gaspers is asking all Knights to take the following actions immediately:

1. Make sure you know who your legislators are and their contact information. Go to www.legis.iowa.gov or the ICC website below.
2. Go to www.iowacatholicconference.org and register to receive the ICC Newsletters and Legislative Action Alerts. Also, review the Marriage Amendment information and the Basics of Lobbying document.
3. Go to www.iowakofc.org and register to receive Marriage Amendment e-mails. Also, review MAFCI information.
4. Go to www.marriageuniquereason.org and review the videos and other information. Also, go to www.usccb.org for background information on marriage and faithful citizenship.

When you receive a Legislative Action Alert on the Marriage Amendment from either the ICC, the MAFCI team or your Grand Knight, immediately sign on to the Alert at the ICC web site and a letter in your name will be e-mailed to your local legislators on your behalf. For maximum impact, we also ask that you personally contact your legislator either in person, by phone or by personal letter. Thank you for defending Marriage as God intended it.

The MAFCI team also requests that you support Legislative Action Alerts on other legislative issues. For example, an action alert on House File 5 was released on January 13 to prohibit abortions after 20 weeks of gestation. Other anti-abortion legislation is also expected.

Bill Brennan

K OF C INSURANCE

I am happy to meet with you, at your convenience and in your home, to explain in detail the benefits of opening a Knights of Columbus annuity, life insurance and long term care insurance plans. I'm at 270-9307 or david.albee@kofc.org. Call me -- let's talk.

CRAIG PILCHER RECEIVES ST. GEORGE AWARD

Craig Pilcher was presented the coveted St. George Award for his outstanding service to Catholic Youth in Scouting at an honorary Mass officiated by Monsignor Tom Toale in St. Raphael's Cathedral, Dubuque on Sunday January 16, 2011. Please congratulate Craig on his worthy achievement.