

Knights of Columbus Joseph C Carroll Council 5390  
 JIM KLEIN, BULLETIN EDITOR  
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**AUGUST 2011 KNIGHT LIGHT**  
 COUNCIL 5390, 5650 KACENA AVE, MARION, IOWA 52302  
 KC HALL PHONE NUMBER: 373-9834  
 Council Web Site: [www.kofc5390.org](http://www.kofc5390.org)

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August 2011

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FOR THE FAMILY OF

**REGULAR BUSINESS MEETING: 1ST TUESDAY OF EACH MONTH, 7:30 PM**

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\*\*\* COMING EVENTS \*\*\*

- Aug 2 Business meeting 7:30 pm - Remember to bring a food item for the food banks.
- Aug 6 KCans4Life drop-off at St. Joe's School from 1 to 2 pm
- Aug 7 Pancake Breakfast, St. Pius X
- Aug 11 – 13 PID (Tootsie Roll) drive. Please help when asked!
- Aug 15 MCC, 7:30 pm
- Aug 16 Staff Meeting 7:30 pm
- Sept 3 KCans4Life drop-off at St. Joe's School from 1 to 2 pm
- Sept 4 Pancake Breakfast, St. Pius X
- Sept 6 Business meeting 7:30 pm
- Sept 19 MCC, 7:30 pm
- Sept 20 Staff Meeting 7:30 pm
- Oct 1 KCans4Life drop-off at St. Joe's School from 1 to 2 pm
- Oct 2 Pancake Breakfast, St. Pius X
- Oct 4 Business meeting 7:30 pm
- Oct 18 MCC, 7:30 pm
- Oct 19 Staff Meeting 7:30 pm

<p>----- 7:00 to 10:00 -----        Christensen, Jerry (lead)        Schrader, Steve (lead)        Perra, Dan (cook)        Zwanziger, Scott        Banowetz, Norb        Banowetz, Ray        Barron, Mike        Baumler, Conrad        Bentz, Bob</p>	<p>August 7th Breakfast</p>	<p>----- 10:00 to 1:00 -----        Conrad, Dick (lead)        Powers, Steve (lead)        Van Gorp, Greg (cook)        Ballard, Kevin        Beadle, Rick        Bills, Robert        Hunstad, Mike        Blocklinger, Bob        Bonlander, Roger</p>
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<p>----- 7:00 to 10:00 -----        Callahan, Dan (lead)        Satern, Tom (lead)        Conrad, Scott (cook)        Kullander, Scott        Bries, Randy        Brumm, Scott        Chaisson, Jim        Lawrence, Marcus        Leonhart, Don</p>	<p>September 4th Breakfast</p>	<p>----- 10:00 to 1:00 -----        Steger, Ted (lead)        Curtis, BJ (lead)        Casey, Bill (cook)        Pint, Dennis        Hooper, Matt        Huber, John        Huber, Paul        Luster, Chuck        McDonald, Jim</p>
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<p>----- 7:00 to 10:00 -----        Christensen, Jerry (lead)        Schrader, Steve (lead)        Ickes, Jim (cook)        Costello, Tim</p>	<p>October 2nd Breakfast</p>	<p>----- 10:00 to 1:00 -----        Albee, Dave (lead)        Powers, Steve (lead)        Chizek, Don (cook)        Barron, Mike        Beaudry, Duane        Berns, James        Chmelicek, Mike        Conley, Tom        Digmann, Ron</p>
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**Deadline for the September issue of  
 the *Knight Light* is:  
 Friday, August 26, 2011.**

**Business Meeting  
 Tuesday, August 2nd  
 7:10 Rosary  
 7:30 pm Business Meeting**

**BREAKFAST WORKERS PLEASE NOTE: If you have a conflict with your scheduled time, please find your own substitute and then notify Dan Callahan by email ([danpcallahan@aol.com](mailto:danpcallahan@aol.com)) of the change.**

**VOCATIONS**

Our council is supporting seminarian Mark Murphy, a member of our council. You are invited to pray for him and to write him.

Mark Murphy  
 Pontifical North American College  
 00120 Vatican City State, Europe  
 Email: [mmurphy@pnac.org](mailto:mmurphy@pnac.org)

**EQUIPMENT FOR LOAN:** We have the following equipment to loan out: wheelchair, portable walker and crutches. Some of these items may already be loaned out so contact our Warden, Wayne Waters (373-0458) to check for availability. When you are finished with item please call so it can be picked up for reuse.

## GRAND KNIGHT'S MESSAGE

I have been including items that the Knights of the Joseph C. Carroll Council can use to build up the Church, which should be a pinnacle of interest for all Knights. This month we will feature vocations, which our Vocation Director, Ken Bauer, will address.

From my writing two months ago, I wrote about the pushup exercises, which prepare one to do the normal pushup. I found something worth keeping – Push-ups on stairs. Go near the top of the stairwell to do this. The pushup is done on the slant (45 degrees). One is able to do many repetitions compared to the normal push-up. Instead of doing barely one Our Father's worth of push-ups, I was able to do two Our Fathers and two Hail Mary's. The added exercise benefit is to get the heart rate up during the exercise as well as to get more prayer in. This beneficial part of our life, exercise, gives us an additional opportunity to "pray without ceasing".

With the warmer weather, there is the chore of yard work. My former thinking is to view this sort of thing, especially the grass cutting, as a dirge. Because I detest this chore and I am negative while working, I tend to think about everything and everyone who have wronged me. A few years ago I have been attempting to pray decades of the rosary so I could do something positive while mowing. St. Isadore, the patron of farmers, was accredited with his great accomplishment in the fields due to the rosaries that he prayed while working. I would try the rosary and get lost and start thinking about other negative things. Sometimes I would catch myself and go back to praying. Last night I got a late start on mowing. I did the edge work with the push mower, and then I got on the rider. I got around the yard twice, finishing the second Joyful decade. Then the engine was bogging down. I quickly identified the problem as the blade binding and brought it to the garage. I tried lubing the propeller shaft, but it was too far gone. I knew how to fix it but wanted to finish the lawn before Sunday, the day of rest. I decided to implement plan B and finished the lawn using the walk behind mower. I had the perfect excuse to start to get back into a bad frame of mind, but instead I finished the yard and the rosary by yard light and moonlight.

Summer brings the opportunity to get away from work and yard work. Many people have a good pattern of prayer prior to going on vacation but fall into taking a vacation from prayer. Why not plan to make prayer a part of your vacation. For instance include Sunday Mass in your vacation planning. See the website — [masstimes.org](http://masstimes.org). Family rosary in the car is another prayer opportunity. You can also visit religious tourist sites either in conjunction with your travels or as a separate day trip.

The emphasis on prayer is summarized in 1 Thessalonians 5:16 – 18: Rejoice always, never cease praying, render constant thanks; such is God's will for you in Christ Jesus. The next verse goes hand in hand with this: "Do not stifle the Spirit". If you are full of prayer the Holy Spirit will have some elbowroom in your life to grow in your faith and accomplish God's plan for your life.

*Tony May, Grand Knight  
Phone: 373-7036*

## VOLUNTEER OPPORTUNITIES

Our council still needs your responses on the following Volunteer Opportunities:

- Treasurer
- Site Captains for People with Intellectual Disabilities (PID) Tootsie Roll Drive
- Fish Fry floor managers to replace Dave Van Gorp.
- Call coordinators for Fish Fries to replace John Stapley.

**Knight of the Month:** Dario Daniele of St Pius X Parish is the July 2011 Knight of the Month. Dario has been with our council for a year while performing contract work at Rockwell Business and Regional Systems and has become a 4th Degree Sir Knight in that time. Dario has volunteered for breakfasts and fish fries as well as St. Pius Knights of the Round Table. He maintained his home in Fort Worth and he and his wife, Jane, would take turns commuting for visits. His sons visited during Lent and helped with a Lenten Fish Fry as well. He used his experience with Italian wine to pick out the wines used for our Wine and Cheese event. Dario and I represented our council at the Des Moines, "Christ Our Life" renewal with featured speaker from the Vatican, Cardinal Arinze.

I would like to update you on Dario's medical condition. Two challenges to Dario's life happened recently. He did not get hired permanently at Rockwell, so he has moved back to Fort Worth. The tumor which he let our group know about via webmaster was cancerous. The cancer was on the bile duct as well as other places, and so chemotherapy is prescribed. I will give you updates on Dario in the future. Please keep Dario, Jane and his boys in your prayers.

**Family of the Month:** The family of the month for July is Dennis and Kim Ternes of St Joseph Parish. Dennis has helped with our breakfasts, fish fries and Tootsie Roll Drives. Dennis is a lector. Dennis and Kim participate in their parish Marriage Preparation. Both are Eucharistic Ministers as well as parish representatives for the Christian Experience Weekend (CEW). They have given talks at the weekends, and have been involved in CEW leadership. Kim has been a Lay Director for CEW and is on the CEW Core Team. Dennis participates in the St. Joseph Men of Action. Kim volunteers at Birthright. Dennis is involved in the Archdiocesan Deaconate program which means Dennis and Kim attend monthly Saturday seminars. We wish the Ternes well as they attend this intensive discernment and formation program.

## "KCans4LIFE"

Please drop off your cans and bottles which have a deposit for the Ultrasound Initiative at Aid to Women in Cedar Rapids.

We have a pick up on Saturday at St Josephs (more to follow) near the recycling bins at the school on 1-2PM on the first Saturday of the month.

Additionally, please bring your cans to the business meeting. This program was initiated by the Iowa City Knights and is called KCans4 Life

## VOCATIONS UPDATE

I recently read that one in ten priests is expected to retire over the next ten years. As we have heard before, the number of new priests being ordained is not compensating for this. Our prayers for an increase in religious vocations need to be unending. But at the same time, let us not forget to offer a prayer of thanksgiving for new religious vocations.

The Witness had an article about Janet Wegner, originally from the New Hampton area and a former parishioner at St. Pius Parish in Cedar Rapids. Last November she entered the community of Cistercian Nuns of the Strict Observance at Our Lady of the Mississippi Abbey in Dubuque as a Postulant.

This is the season when the anniversaries of religious are celebrated. This past May, St. Joseph parish celebrated Fr John Gossman's 40th anniversary of his ordination to the priesthood. In June, All Saints parish in Cedar Rapids celebrated Fr. David O' Connor's 25th anniversary to the priesthood. Let us take these opportunities to thank our local priests, pastors and other religious for their ministries, for answering God's call and devoting their lives to His service and that of His people.

Let us offer a prayer of thanks for the two newest priests for the Archdiocese, Fathers Tony Kruse and Noel Diehm, ordained June 25. Please keep them and all seminarians in your prayers, especially Mark Murphy to whom our Council is providing financial and moral support. St. Joseph parish will be hosting seminarian Jeff Dole this summer.

On July 16, seven men were ordained to the Permanent Diaconate for the Archdiocese of Dubuque. While this ministry is primarily one of service, deacons are also a help to the local parish by assisting with the celebration of the sacraments.

While we thank God for all religious vocations, let us continue to pray for an increase in all vocations.

*Kenneth Bauer, Vocations Chairman*

## 2011 IOWA KC FOOTBALL FRENZY

We are doing Football Frenzy games this year with college games only. This was necessary because NFL games were still possibly going to be on strike.

This year Iowa Knights are making available 75 tickets for our council to sell. I will be available for people to buy chances at council meetings and pancake breakfasts from now through 9/14/11. If you would like to help me sell or buy these chances, contact me at our meetings or these events or call me at 447-9641.

The 8 weeks of college games start 10/8/11 and end week of 11/26/11. \$1,050 will be paid out each week. This is an increase from \$850 per week in previous frenzies. Chances cost \$10.00 for full 8 game schedule.

If any questions, please contact me.

*Larry Block (Phone: 447-9641)*

## GET THE KNIGHT LIGHT BY EMAIL

Would you like to receive the council bulletin, *The Knight Light*, by email? It saves the council postage and printing costs. Send your request via email to:

[bulletineditor@kofc5390.org](mailto:bulletineditor@kofc5390.org)

## PANCAKE BREAKFAST

We have advertised in two of the media for the breakfast on August 7th. Let me know if you see or hear them.

If you have relatives visiting you, bring them to the breakfast. With the younger generation home it will help the attendance.

Remember, please keep your scheduled work time or find a replacement.

*Frank Stull*

## DISTRICT DEPUTY'S MESSAGE

Brothers, I am looking forward to a great August for our PID Drives. The tootsie rolls have been picked up by each Council and will again kickoff another fundraiser for Discovery Living in Cedar Rapids. Make sure everyone in your Council is asked to participate in this tremendous fundraiser for the Persons with Intellectual Disabilities. It was the Knights of Columbus who helped start Discovery Living and they have always helped out each year.

Talking about kickoffs, make sure you get a Football Frenzy Ticket this year. The money raised from these tickets helps keep the State's cost down for each Council. This year they are using college football teams for the tickets instead of the NFL teams used in the past. Have a great summer and God be with you.

*Gerald Fetzer, District Deputy, District 32*

## FOOD PANTRY DONATIONS

Due to the poor economy, the area food banks are in short supply of food. We ask that members bring a non-perishable food item to the meetings. Thus, you will need your membership card AND a non-perishable food item for access to our business meetings. If you forget, maybe you could make a small donation to the food bank fund. Remember that charity is the first principle of the Knights of Columbus.

## INSURANCE

Greetings brother Knights, my name is Chris Janda and I am your Knights of Columbus insurance field agent for your council. I will be reaching out to each and every one of you to meet you and get to know you on a personal level. As you know, we as Knights are entitled to premium benefits that those outside of our order are not entitled to. It is my responsibility to make you aware of all these premium benefits. Please do not hesitate to call me or add me on Facebook. I will be glad to hear from you for any reason.

*Chris Janda*

*Cell: 319-651-4355*

*facebook.com/christopher.janda1*



**Knights of Columbus**  
**INSURANCE**  
*Making a difference for life.*